

4 Week POYEL Spring Cleaning Challenge

MONTH: _____

WEEK 1

___ SUNDAY	___ MONDAY	___ TUESDAY	___ WEDNESDAY	___ THURSDAY	___ FRIDAY	___ SATURDAY
ORGANIZE THE PANTRY		REPLACE BAKING SODA IN THE FRIDGE AND WIPE DOWN THE KITCHEN CEILING		CLEAN THE STOVE HOOD AND FAN		

WEEK 2

___ SUNDAY	___ MONDAY	___ TUESDAY	___ WEDNESDAY	___ THURSDAY	___ FRIDAY	___ SATURDAY
DEEP CLEAN THE OVEN		CLEAN THE FREEZER		RUN THE WASHING MACHINE'S CLEAN CYCLE		

WEEK 3

___ SUNDAY	___ MONDAY	___ TUESDAY	___ WEDNESDAY	___ THURSDAY	___ FRIDAY	___ SATURDAY
WASH THE WINDOWS		CLEAN THE LEATHER FURNITURE		WIPE DOWN THE BASEBOARDS AND MOLDINGS		

WEEK 4

___ SUNDAY	___ MONDAY	___ TUESDAY	___ WEDNESDAY	___ THURSDAY	___ FRIDAY	___ SATURDAY
TURN THE MATTRESSES		WIPE DOWN THE DOORS		CLEAN AND/OR REPLACE THE FILTERS		